

adult fitness class schedule

PARKOUR

Classes	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
ADULT Parkour Level 1	\$90	18+		5:30-6:30 7:00-8:00	5:30-6:30	5:30-6:30	5:00-6:00	10:30-11:30
ADULT Parkour Level 2	\$90	18+						12:00-1:00

TUMBLING

Classes	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
ADULT TUMBLING	\$90	18+	7:00-8:00		6:30-7:30	7:00-8:00		

OPEN GYM

		Mon	Tues	Wed	Thurs	Fri	Sat
ADULT OPEN GYM	Ages 18+ \$10 member \$15 non		8:00 to 10:00 pm		8:00 to 10:00 pm		

Annual Membership Fee

\$45 first member

\$20 each add'l member

Monthly Pricing

1 day per week \$90

Unlimited \$150*

*based on active classes only

Open Gym included with class enrollment

Drop In Price

1 class \$25



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