

# parkour & ninja class schedule

Class	Monthly Tuition	Age	Mon	Tues	Wed	Thurs	Fri	Sat
<b>Lil Ninjas</b> ATHLETIC SHOES required Level 1 / White ages 4-6	\$90	4-6	4:00-5:00 4:30-5:30 5:00-6:00	11:00-12:00 3:30-4:30 4:00-5:00 4:30-5:30 5:00-6:00		10:00-11:00 4:00-5:00 4:30-5:30 5:00-6:00	4:00-5:00	9:00-10:00 9:30-10:30 10:00-11:00 11:00-12:00 11:30-12:30
<b>Level 1</b> <b>White Band</b> ATHLETIC SHOES required	\$90	7+	4:00-5:00 4:30-5:30 5:00-6:00 6:00-7:00	4:00-5:00 4:30-5:30 5:30-6:30	4:00-5:00 5:30-6:30	4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:00-10:00 9:30-10:30 10:00-11:00 10:30-11:30 11:00-12:00 12:00-1:00
<b>Level 2</b> <b>Green Band</b> ATHLETIC SHOES required	\$90	7+	4:00-5:00 4:30-5:30 5:00-6:00 6:00-7:00	4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	4:00-5:00 4:30-5:30 5:00-6:00 5:30-6:30	4:00-5:00 5:00-6:00 6:00-7:00	4:00-5:00 5:00-6:00 6:00-7:00	9:30-10:30 10:00-11:00 11:00-12:00 12:00-1:00
<b>Level 3</b> <b>Blue Band</b> ATHLETIC SHOES required	\$105	7+	3:00-4:15 4:30-5:45 6:00-7:15	4:00-5:15 5:00-6:15 6:30-7:45	4:00-5:15 5:00-6:15 6:00-7:15 6:30-7:45	2:15-3:30 4:00-5:15 5:00-6:15 6:00-7:15 6:30-7:45	4:00-5:15 5:30-6:45	11:00-12:15 11:30-12:45
<b>Level 4</b> <b>Yellow Band</b> ATHLETIC SHOES required	\$125	7+	6:00-7:30	6:30-8:00	5:00-6:30 6:00-7:30 6:30-8:00	6:00-7:30 6:30-8:00	5:30-7:00	11:30-1:00
<b>Level 5</b> <b>Red Band</b> ATHLETIC SHOES required	\$125	7+		6:30-8:00	6:00-7:30		5:30-7:00	
<b>Freerunning</b> <b>Blue Band +</b> ATHLETIC SHOES required	\$90	skills req.	7:00-8:00		6:30-7:30			12:00-1:00

### Annual Membership Fee

\$45 first member  
\$20 each add'l member

### Membership Includes

- Member pricing for special events
- Camp registration fee waived
- Free Kinder Open Gym for 5 and under

### Class Discount Household

2nd member save 10%  
3rd member save 15%  
4th member save 20%

### Multiple Class Discount

2nd class save 10%  
3rd class save 15%

### Prepay

3+ months save 5%

Class pricing based on 4 week month- adjustments will be made for months that have 3 or 5 weeks

Tuition paid on 1st of month  
Auto pay required

Prices and schedule are subject to change without notice. Please consult the policies, procedures and gym rules

**YOUTH**  
**FRIDAY NIGHT**  
**OPEN GYM**  
FRIDAYS | 7 - 9:30 PM  
Youth | ages 5-12     \$20 members  
                                     \$25 non-members  
GYMNASTICS + PARKOUR  
BOTH GYMS OPEN

**KINDER** ages 5 and under  
**OPEN GYM**  
FREE Kinder Open Gym with SGT membership  
Non-members | \$5 per child / per hour  
gymnastics fun with your little one  
**HOURS**  
Tuesday: 12-1 pm  
Wednesday: 12-1 pm (closed during summer camp)  
Thursday: 12-1 pm  
Friday: 12-1 pm



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